

Insights into the Ego

- ❑ Unawareness of the ego and its motives allows it to drag us into painful events.
- ❑ The first step toward understanding the motives of the ego is to see its endless negative results.
- ❑ The ego is divided into many parts that do not see each other.
- ❑ Division causes confusion, limits clear thinking, and results in insecurity and gullibility.
- ❑ The division and insecurity of egotism is evident when it says, “Love me or hate me but do not ignore me”.
- ❑ Individuals burdened with the insecurity of the ego will be compelled to burden you also.
- ❑ A person who boasts that they are securely independent is dependent on telling others of their independence.
- ❑ The ego wants itself to be recognized as important by others as well as yourself.
- ❑ Trying to satisfy the ego is like trying to push marshmallows through a brick wall.
- ❑ The ego insists that its world is the only one that exists or has a right to exist.
- ❑ The ego takes ideas of oneself and tries to make us think such constitutes a real and permanent existence.
- ❑ A principal task of the ego is to distort the truth.
- ❑ The ego’s low level of intelligence is revealed when it sneers at everything truly right and decent.
- ❑ Egotists can give brilliant lectures on humility.
- ❑ The ego uses imagination to create an idea of what will make us happy. Let go of the imaginations, and let divine wisdom show you who you really are.
- ❑ The ousting of egotism is the fundamental principal of all true spiritual teachings.